



Lake Elementary School Community School Health & Wellness Programs & Services

► Who We Are

Our mission is to support all students and families in reaching their individual and community potential through a well-coordinated system of support programs and services. Our mission is to address institutional, systemic and structural barriers that perpetuate inequity through a strength-based co-creation of solutions.

Lake Elementary School was established as a Community School in the 2015-2016 school year through the unique partnership of the City of San Pablo and the West Contra Costa Unified School District. This collaborative effort has a focus on (1) Health and Wellness, (2) School Culture and Climate, and (3) Family Engagement. Services at Lake School are coordinated by the YMCA



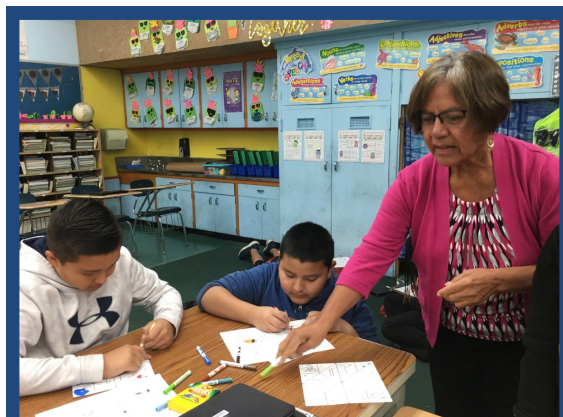
► Services Provided

Counseling & Crisis Support: Individual and Group Therapy, Crisis Assessment and Wellness Planning are all provided by Bay Area Community Resources, Familias Unidas, Mindful Life, WCCUSD Department of Special Education, and YMCA of the East Bay.

Academic Support: Counseling, Push-In Academic Support, Tutoring, Special Education, and Referral Services are all provided by Bay Area Community Resources, Contra Costa College, WCCUSD Department of Special Education, and YMCA of the East Bay.

Youth Development: Student Leadership Opportunities are all provided by African American Families Group, Playworks, Love Learn Success, and YMCA of the East Bay.

Parent/Guardian Empowerment Case Management Services, Socio-Emotional Support Classes for Parents/Guardians, Raising a Reader Classes, Parenting Classes, African American Families Group, College Readiness Workshops for students and families, and much more provided by Bay Area Community Resources, Casa Latina, Familias Unidas, Inspiring Communities, WCCUSD Department of Adult Education, WCCUSD Department of Special Education, and YMCA of the East





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► Student Impact: LEAD Program

As a part of Youth Leadership and Development Efforts through the City Of San Pablo's Team For Youth Grant, the YMCA of the East Bay offers Lake School 5th and 6th Graders the opportunity to develop leadership skills through a workshop series, adventure field trips, and college tours. This program is designed to give student exposure to opportunities and experiences they would not otherwise have, and to get them acclimated to a college-going culture. The LEAD Program at Lake Elementary School is rooted in youth empowerment centered around future planning and a positive outlook on their personal futures.



► Special Acknowledgement for our Partners & Supporters

Community Partners

Bay Area Community Resources
California School-Based Health Alliance
Casa Latina
City of San Pablo, Youth Services Division
City of San Pablo, Department of Recreation
Contra Costa College
Contra Costa County Food Bank
Familias Unidas
Inspiring Communities
Love Learn Success
Mindful Life
Playworks
YMCA of the East Bay



► Contact Information:

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